



Second Annual MZ 5K
Run-Walk-Jog Event
9 AM—Saturday, April 24, 2010
Mt. Zion Wesleyan Church
222 Mt. Zion Church Road
Thomasville, NC 27360

Entry Information

Complete the entry form below and return with entry fee to address indicated

\$20 for entries received on or before April 19th \$20. Includes event T-shirt and entry for special prize drawing at event

\$20 for entries received after April 19th with no guarantee of event T-shirt

\$25 for entries received on day of event.

Awards

Awards for the first 3 male and female runners

Awards for first 3 male and female walkers

Awards for top male and female runners and walkers in the following age categories: 16 & under, 17-23, 24-29 30-39, 40-49, 50-59, 60+.

Race Packet Pickup Information

Friday, April 23rd from 4:00-6:30pm at Bethany Hall, Mt. Zion Wesleyan Church

Saturday, April 24 from 8 am to 8:45 am

The Course

The MZ 5K Walk / Run will start and end at Mt. Zion Wesleyan Church.

Mostly flat course with a few inclines... will be measured but not certified.

Directions to church at www.mtzionwesleyan.com

Contact Tammy Joyce tj@cssport.com or Lynn Tesh lynnct29@yahoo.com

Thank you for your support!

